



SEN CENTER TIMETABLE 2026-27

🕒 07:00 ARRIVAL & PICK-UP AT 14:30 🏠

⚠️ **Late pick up** Parents have a 15-minute grace period and will be charged \$20/hour

Meet the SEN Team

Ms. Blessing Moke

Mr. Ismael Banza

Mrs. Nadine K Malekera

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Clinical Psychologist

SEN Specialist

Vice Principal

WHAT SHOULD STUDENTS HAVE DAILY TO PARTICIPATE?

Students should:	Monday	Tuesday	Wednesday FLA Spirit Day	Thursday	Friday
WEAR	-FLA PE Shirt & Shorts with socks & running shoes 🏃	FLA School uniform	-FLA PE Shirt & Shorts with socks & running shoes 🏃	FLA School Uniform	-FLA PE Shirt & Shorts with socks & running shoes 🏃
BRING IN BAG	-FLA School Uniform To change after PE	-Art Apron 🎨	-FLA School uniform To change after PE	-FLA Soccer outfit with protective gear from home. ⚽	- Home clothes To change after PE
TIME SLOTS	-Art Apron 🎨	-Fully charged laptop 💻 - FLA Swimsuit & goggles with towel & slippers from home. 🏊	-Karate Kimono 🥋 (Top, Pants & Belt)		-Dance T-shirt & shorts 🕺 -Fully Charged Laptop 💻
7:00-7:25	🧘 Circle Time: Morning Songs & Routines <i>Attendance, Material Checklist, Rules, Washroom and Water</i>				
7:30-8:10	Social Studies & Geography	Art Therapy 🎨	French	Social Studies & Geography	Life skills
8:10-8:50	Physical & Health Education 🏃		Physical & Health Education 🏃	Life skills	Physical & Health Education 🏃
8:50-9:30	Mathematics	Mathematics	Life skills	Mathematics	Robotics & IT 🖥
9:30-10:00- Break	🍎 Outdoor snack break, drink water and use the washrooms.				
10:00-10:40	English: Language Arts	Science	Group Behavioral Therapy	English: Language Arts	French
10:40-11:20	Art Therapy 🎨	Robotics & IT 🖥			
11:20-12:00			Science	Group Speech Therapy 🗣	Group Speech Therapy 🗣
12:00-12:25- Play	🏖 OUTDOOR PLAY AND STUDENTS CHANGE: STUDENTS MUST BRING APPROPRIATE FLA UNIFORMS IN ORDER TO PARTICIPATE IN ACTIVITIES.				
12:30-13:15	Music 🎵	Swim 🏊	Karate 🥋	Soccer ⚽	Dance 🕺
13:15-14:15- Lunch	🍽 Lunch Time Indoors				
14:15-14:30	🏠 Students get ready to go home!				



WHAT SHOULD PARENTS SEND DAILY?

- 1) 1 extra set of clothes and underwear
- 2) FLA activities clothes for the day
- 3) 1 pack of tissue
- 4) Healthy lunch and snack or FLA lunch and snack
- 5) Mosquito repellent
- 6) Sterimar or any nasal spray with antihistamine syrup (If allergies exist- to be given to infirmary) during allergy seasons
- 7) Wet wipes
- 8) Hat/Cap
- 9) Hand sanitizer bottle
- 10) Waterproof sunblock lotion for swim days
- 11) Asthma sufferers should have their emergency kit labelled and kept in the infirmary
- 12) 1.5 Liter bottle of water
- 13) Student journal signed (daily)
- 14) 2 Small towels for hand/face to be sent home weekly for washing
- 15) Laptop with MS Office Suite with updated anti-virus
(Laptop must be fully charged from home and brought only on Tech days)
- 16) Sanitary pads (2) for girls menstruating

LABEL YOUR CHILD'S NAME ON ALL ITEMS

If you notice that your child has brought home something that doesn't belong to them, we kindly request that you return the item to the school promptly so that it can be reunited with its rightful owner. It is a collective effort to maintain a well-organized and efficient learning environment. Please be aware that FLA cannot assume responsibility for lost uniforms or school items. Our teachers use a uniform control sheet daily to track items brought to school, but students in primary and middle schools are expected to take independent responsibility for their belongings. Please note that the school is not responsible for searching for your child's lost items. We kindly ask you to refrain from calling any staff member to request such searches. Instead, we encourage you to utilize the class group to post your message regarding any lost items. Your cooperation in labeling your child's items and reinforcing the importance of returning found items to school is greatly appreciated.