

FLA PRE-KG TIMETABLE 2026-27 (AGES 3-4 YEARS)

🕒 07:00 Arrival & Pick-up: Option 1 at 12:00 | Option 2 at 13:30



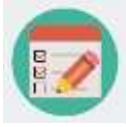
Late pick up Parents have a 15-minute grace period and will be charged \$20/hour

TEACHER: Ms. Shekinah MUEPU

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PRESCHOOL VICE PRINCIPAL: Mr. Deodate KIDIKALA TEL. # 243 823 700 780

TIME/ DAYS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Uniforms to Wear + Pack	FLA Uniform + Karate 🥋	FLA PE Uniform + Dance 💃	FLA Polo + Jeans + Soccer ⚽	FLA PE + Swimming 🏊	Free Dress + Music 🎵
NOTE	🎨 Creative Art Aprons should be left in class Mon-Fri. They will be sent home at the end of each week for a wash.				
7:00 - 7:30	☀️ Morning Songs & Routines: Attendance, Material Checklist, Rules, Washroom and Water.				
7:30-8:00	Language, Music & Movement: abc 📖 🎵 🎶 🎤 🎭	Physical Education ⚽ 🏃 🏊	Language, Music & Movement: abc 📖 🎵 🎶 🎤 🎭	Physical Education ⚽ 🏃 🏊	Language, Music & Movement: abc 📖 🎵 🎶 🎤 🎭
8:00-9:00	✏️ Fine Motor Skills Development for Language and Math				
9:00-9:30	🌳 Outdoor Science Exploration & Playground 🧰				
9:30-10:00	🍎 SNACK TIME IN CLASS				
10:00-11:00	Creative Arts 🎨	Life skills 🌱	Creative Arts 🎨	Life skills 🌱	Creative Arts 🎨
11:00-11:45	🧑‍🚀 RECESS AND LUNCH IN CLASS! 🍽️				
11:45-12:00	🏠 Option 1 students get ready to go home, while others get ready for activities! 🏃 🏊 🏃				
12:00-12:25	Option 2 students change for activities 🏃 🏊 🏃				
	⚠️ Students must have each day's respective activity uniform packed in their bags to participate in activities.				
12:30-13:15	Karate 🥋	Dance 💃	Soccer ⚽	Swim 🏊	Music 🎵
13:15-13:30	🏠 Option 2 students get ready to go home and leave by 13:30				



WHAT SHOULD PARENTS SEND IN CHILD'S BAG?

Classes	Parents to send in child's bag daily/as needed.
Pre-KG	1) 1 extra set of clothes and underwear 2) FLA activities clothes for the day 3) 1 box of tissue to keep in the class <i>When the stock is nearly finished, the teacher will notify you.</i> 4) Healthy lunch and snack or FLA lunch and snack 5) Mosquito repellent <i>When the stock is nearly finished, the teacher will notify you.</i> 6) Sterimar or any nasal spray with antihistamine syrup (If allergies exist- to be given to infirmary) during allergy seasons 7) Hand sanitizer bottle <i>When the stock is nearly finished, the teacher will notify you.</i> 8) Wet wipes 9) Hat/Cap 10) Waterproof sunblock lotion for swim days 11) Asthma sufferers should have their emergency kit labelled and kept in the infirmary 12) 1.5 Liter bottle of water 13) Student journal signed (daily) 14) 2 Small towels for hand/face to be sent home weekly for washing

LABEL YOUR CHILD'S NAME ON ALL ITEMS: If you notice that your child has brought home something that doesn't belong to them, we kindly request that you return the item to the school promptly so that it can be reunited with its rightful owner. It is a collective effort to maintain a well-organized and efficient learning environment. Please be aware that FLA cannot assume responsibility for lost uniforms or school items. Our teachers use a uniform control sheet daily to track items brought to school, but students in primary and middle schools are expected to take independent responsibility for their belongings. Please note that the school is not responsible for searching for your child's lost items. We kindly ask you to refrain from calling any staff member to request such searches. Instead, we encourage you to utilize the class group to post your message regarding any lost items. **Your cooperation in labeling your child's items and reinforcing the importance of returning found items to school is greatly appreciated.** You and your child may also visit **Lost and Found** at the pickup station.