



SEN CENTER TIMETABLE 2025-26

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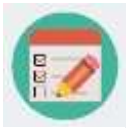
SEN pick-up times are **14:30** daily.

Late pick up: Parents have a 15-minute grace period, after which they will be charged \$20/hour if students are picked up later than their scheduled time.

Time/Period	Monday	Tuesday	Wednesday	Thursday	Friday
7:00-7:25	Circle Time: Morning Songs & Routines <i>Attendance, Material Checklist, Rules, Washroom and Water</i>				
7:30-8:10	Social Studies & Geography	Art Therapy	French	Social Studies & Geography	Life skills
8:10-8:50	Physical & Health Education	Art Therapy	Physical & Health Education	Life skills	Physical & Health Education
8:50-9:30	Mathematics	Mathematics	Life skills	Mathematics	Robotics & IT
9:30-10:00- Break	Outdoor snack break, drink water and use the washrooms.				
10:00-10:40	English: Language Arts	Science	Group Behavioral Therapy	English: Language Arts	French
10:40-11:20	Art Therapy	Robotics & IT	Group Behavioral Therapy	English: Language Arts	French
11:20-12:00	Art Therapy	Robotics & IT	Science	Group Speech Therapy	Group Speech Therapy
12:00-12:25	OUTDOOR PLAY AND STUDENTS CHANGE: STUDENTS MUST BRING APPROPRIATE FLA UNIFORMS IN ORDER TO PARTICIPATE IN ACTIVITIES.				
12:30-13:15	Music	Swim	Karate	Soccer	Dance
13:15-14:15	Indoor Lunch				
14:15-14:30	Students get ready to go home!				

WHAT SHOULD STUDENTS HAVE DAILY TO PARTICIPATE?

Students should:	Monday	Tuesday	Wednesday FLA Spirit Day	Thursday	Friday
WEAR	FLA PE shirt & shorts	FLA School uniform	FLA PE shirt & shorts	FLA School Uniform	FLA PE shirt & shorts
BRING IN BAG	-FLA School Uniform -Art Apron	-Art Apron -Fully charged laptop - FLA Swimsuit & goggles with towel & slippers from home.	-FLA School uniform -Karate Kimono (Top, Pants & Belt)	-FLA Soccer outfit with protective gear from home.	- Home clothes -Dance T-shirt & shorts -Fully Charged Laptop



WHAT SHOULD PARENTS SEND DAILY?

- 1) 1 extra set of clothes and underwear
- 2) FLA activities clothes for the day
- 3) 1 pack of tissue
- 4) Healthy lunch and snack or FLA lunch and snack
- 5) Mosquito repellent
- 6) Sterimar or any nasal spray with antihistamine syrup (If allergies exist- to be given to infirmary) during allergy seasons
- 7) Wet wipes
- 8) Hat/Cap
- 9) Hand sanitizer bottle
- 10) Waterproof sunblock lotion for swim days
- 11) Asthma sufferers should have their emergency kit labelled and kept in the infirmary
- 12) 1.5 Liter bottle of water
- 13) Student journal signed (daily)
- 14) 2 Small towels for hand/face to be sent home weekly for washing
- 15) Laptop with MS Office Suite with updated anti-virus
(Laptop must be fully charged from home and brought only on Tech days)
- 16) Sanitary pads (2) for girls menstruating

LABEL YOUR CHILD'S NAME ON ALL ITEMS

If you notice that your child has brought home something that doesn't belong to them, we kindly request that you return the item to the school promptly so that it can be reunited with its rightful owner. It is a collective effort to maintain a well-organized and efficient learning environment. Please be aware that FLA cannot assume responsibility for lost uniforms or school items. Our teachers use a uniform control sheet daily to track items brought to school, but students in primary and middle schools are expected to take independent responsibility for their belongings. Please note that the school is not responsible for searching for your child's lost items. We kindly ask you to refrain from calling any staff member to request such searches. Instead, we encourage you to utilize the class group to post your message regarding any lost items. Your cooperation in labeling your child's items and reinforcing the importance of returning found items to school is greatly appreciated.