



GRADE 6 TIMETABLE 2025-26 (AGES 11-12)

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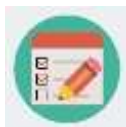
Grade 6 pick-up times; Option 1 Academic: 14:30, Option 2 Activities: 15:30

Late pick up: Parents have a 15-minute grace period, after which they will be charged \$20/hour if students are picked up later than their scheduled time.

Time/Period	Monday	Tuesday	Wednesday	Thursday	Friday
7:00-7:10	Report to homeroom class for bag drop off, attendance and uniform controls.				
7:10-7:25	Line up with your classmates for school wide morning assembly				
7:30-8:10	Life Skills	Sciences	English: Language & Literature	English: Language & Literature	Physical & Health Education
8:10-8:50	Robotics & IT	Sciences	English: Language & Literature	English: Language & Literature	Mathematics
8:50-9:30	Robotics & IT	Sciences	English: Language & Literature	English: Language & Literature	Mathematics
9:30-10:00- Break	Eat snacks, drink water and use the washrooms.				
10:00-10:40	Physical & Health Education	Arts & Crafts	Mathematics	Sciences	Individuals & Societies
10:40-11:20	French	Arts & Crafts	Mathematics	Sciences	Individuals & Societies
11:20-12:00	French	Life Skills	Life Skills	Sciences	French
12:00-12:25	Recess Time		Thursday- Outdoor Gardening Day		
12:30-13:00	Lunch Time Indoors				
13:00-13:45	Business Studies	Mathematics	Swahili	French	Mathematics
13:45-14:30	Business Studies	Mathematics	Swahili	French	Mathematics
14:30-14:45	Option 1 students go home at 14:30 OPTION 2 STUDENTS MUST BRING APPROPRIATE FLA UNIFORMS IN ORDER TO CHANGE AND PARTICIPATE IN ACTIVITIES.				
14:30-15:30	Dance	Music	Swim	Soccer	Karate
15:30	Option 2 students go home at 15:30				

WHAT SHOULD STUDENTS HAVE DAILY TO PARTICIPATE?

Students should:	Monday	Tuesday	Wednesday <i>FLA Spirit Day</i>	Thursday	Friday
WEAR	FLA PE Shirt & Shorts with socks & running shoes	FLA School uniform shirt & pants	Blue jeans with uniform pagne shirt or FLA polo.	FLA School uniform shirt & pants	FLA PE Shirt & Shorts with socks & running shoes
BRING IN BAG	- FLA School uniform shirt & pants. -Fully charged laptop -Dance T-shirt & shorts	- Art Apron	- FLA Swimsuit & goggles with towel & slippers from home.	- FLA Soccer outfit with protective gear from home.	-Karate Kimono (Top, Pants & Belt) -Home clothes



WHAT SHOULD PARENTS SEND DAILY?

- 1) 1 extra set of clothes and underwear
- 2) FLA activities clothes for the day *
- 3) 1 box of tissue to keep in the class
When the stock is nearly finished, the teacher will notify you.
- 4) Healthy lunch and snack or FLA lunch and snack
- 5) Mosquito repellent
- 6) Sterimar or any nasal spray with antihistamine (If allergies exist) during allergy seasons
- 7) Hand sanitizer bottle
- 8) Wet wipes
- 9) Hat/Cap
- 10) Waterproof sunblock lotion for swim days
- 11) Asthma sufferers should have their emergency kit labelled and kept in the infirmary
- 12) Student journal signed (daily)
- 13) 2 Small towels for hand/face to be sent home weekly for washing
- 14) Water bottle, minimum of 1.5 L
- 15) Laptop with MS Office Suite with updated anti-virus
(Laptop must be fully charged from home and brought only on Tech days)
- 16) Sanitary pads (2) for girls menstruating

LABEL YOUR CHILD'S NAME ON ALL ITEMS

If you notice that your child has brought home something that doesn't belong to them, we kindly request that you return the item to the school promptly so that it can be reunited with its rightful owner. It is a collective effort to maintain a well-organized and efficient learning environment. Please be aware that FLA cannot assume responsibility for lost uniforms or school items. Our teachers use a uniform control sheet daily to track items brought to school, but students in primary and middle schools are expected to take independent responsibility for their belongings. Please note that the school is not responsible for searching for your child's lost items. We kindly ask you to refrain from calling any staff member to request such searches. Instead, we encourage you to utilize the class group to post your message regarding any lost items. Your cooperation in labeling your child's items and reinforcing the importance of returning found items to school is greatly appreciated. You and your child may also visit **Lost and Found** at the pickup station to look for any lost items.