



PRE-KINDERGARTEN TIMETABLE 24-25 (AGES 3-4 YEARS)

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| TEACHER | Ms. Shekinah MUEPU | TEL.# +243 826 284 054 | EMAIL: sheky30muepu@gmail.com |
| PRESCHOOL VICE PRINCIPAL | Mr. Deodate KIDIKALA | TEL. # 243 823 700 780 | EMAIL: deodatesell@gmail.com |
| PRINCIPAL | Mrs. Khurshid MUNSHI | TEL. +243 81 004 7880 | EMAIL: mrsmunshi@yahoo.ca |

Pre-Kindergarten pick up times are either; **Option 1 Academic: 12:30, Option 2 Activities: 14:00** or **Option 3 Aftercare: 15:30** on Mondays-Thursdays and at **12:30 on first & last Fridays.**

Late pick up Parents have a 15-minute grace period, after which they will be charged \$20/hour if students are picked up later than their scheduled time.

| TIME/ DAYS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|--|--|---|----------|--------|
| 7:30 – 8:30 Period 1 | Morning Songs & Routines Language Development, Music & Movement | Physical Education <i>* Students must come wearing their PE shirt & shorts. They must also have their school uniform in their bags to change into after PE.</i> | Morning Songs & Routines: Attendance, Material Checklist, Rules, Washroom and Water. | | |
| | | | Language Development, Music & Movement: CD players, children's books, songs, stories, musical instruments and puppets to introduce Math, Language & Science lessons of the day. | | |
| 8:30-9:30 Period 2 | Fine Motor Skills Development for Language and Math <i>Pre-Writing Activities; dot to dot, straight down/across, horizontal, diagonal, & curved lines, tracing letters or numbers, drawing letters in sand, writing alphabets and numbers</i> | | | | |
| 9:30-10:00 Period 3 | Outdoor Science Exploration & Playground: <i>nature walks, sand and water table, and sensory play materials.</i> | | | | |
| 10-10:30 BREAK | BREAK IN CLASS Eat snacks, drink water and washroom use. | | | | |
| 10:30-11:30 Period 4 | Creative Arts <i>Bristol color papers, playdough, scissors, glue, paint etc or Fine Motor Play: painting, coloring, playdough, stacking toys. * Students must have their Art Aprons left in class Mon-Fri. They will be sent home at the end of each week for a wash.</i> | | | | |
| 11:30-12:30 LUNCH | RECESS ON PRESCHOOL PLAYGROUND AND LUNCH IN CLASS! <i>Option 1 students get ready to go home, while others get ready for activities!</i> | | | | |
| 12:30-13:00 | Students change for activities <i>* Students must have each day's respective activity uniform packed in their bags in order to participate in activities.</i> | | | | |
| 13:00-14:00 | Karate | Dance | Soccer | Swim | Music |
| 14:00-14:15 | <i>Option 2 students get ready to go home, while aftercare students return to class.</i> | | | | |
| 14:15-15:30 | Complete unfinished classwork, quiet play time; read, color, puzzles, or take a nap. | | | | |



WHAT SHOULD PARENTS SEND DAILY?

| Classes | Parents send in child's bag daily/as needed. |
|-------------------------|---|
| Pre-Kindergarten | <ol style="list-style-type: none">1) 1 extra set of clothes and underwear2) FLA activities clothes for the day *3) 1 box of tissue to keep in the class <i>When the stock is nearly finished, the teacher will notify you.</i>4) Healthy lunch and snack or FLA lunch and snack5) Mosquito repellent <i>When the stock is nearly finished, the teacher will notify you.</i>6) Sterimar or any nasal spray with anti-histamine syrup (If allergies exist) during allergy seasons7) Hand sanitizer bottle <i>When the stock is nearly finished, the teacher will notify you.</i>8) Wet wipes9) Hat/Cap10) Waterproof sunblock lotion for swim days11) Asthma sufferers should have their emergency kit labelled and kept in the infirmary12) Student journal signed (daily)13) 2 Small towels for hand/face to be sent home weekly for washing14) Water bottle, minimum of 1.5 L |

NOTE: LABEL YOUR CHILD'S NAME ON ALL ITEMS

If you notice that your child has brought home something that doesn't belong to them, we kindly request that you return the item to the school promptly so that it can be reunited with its rightful owner. It is a collective effort to maintain a well-organized and efficient learning environment. Please be aware that FLA cannot assume responsibility for lost uniforms or school items. Our teachers use a uniform control sheet daily to track items brought to school, but students in primary and middle schools are expected to take independent responsibility for their belongings. Please note that the school is not responsible for searching for your child's lost items. We kindly ask that you refrain from calling any staff member to request such searches. Instead, we encourage you to utilize the class group to post your message regarding any lost items. Your cooperation in labeling your child's items and reinforcing the importance of returning found items to school is greatly appreciated.