



KINDERGARTEN TIMETABLE 2022-23



TEACHERS	MRS. MONIQUE & MRS. ESPERANCE	TEL. #	+243891681451 / +243990427616
PRINCIPAL	MRS. KHURSHID MUNSHI	EMAIL	MRSMUNSHI@YAHOO.CA

Preschool pickup times are 2:00 pm sharp on Mondays- Thursdays and 11:00 a.m. on first & last Fridays.

TIME/ DAYS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8 – 8:30	Attendance, Material Checklist, Morning Songs & Routines, Rules, Washroom and Water.				
8:30-9:00 Period 1	Language Development, Music & Movement: CD players, children's books, songs, stories, musical instruments and puppets to introduce Math, Language & Science lessons of the day.				
9:00-9:30 Period 2	Fine Motor Skills Development for Language and Math: Writing Activities ; tracing letters or numbers, writing numbers and alphabets, reading and writing words, sentences and math exercises etc...				
9:30-10:00 Period 3	Creative Arts with Bristol color papers, playdough, scissors, glue, paint etc or Fine Motor Play : painting, coloring, playdough, stacking toys.				
10:00-10:30 Period 4	Outdoor Science Exploration & Playground : nature walks, sand and water table, and sensory play materials.				
10:30-11 LUNCH	LUNCH IN CLASS				
11:00-12:45	See below for activities scheduled each trimester.				
12:45-1:00	Option A + 1 hour students get ready to leave : Water, Snack, Washroom break, while Option B students get ready to settle down for story time, quiet play time ...				
1:00-1:45	Story time, sharing and discussion on story, new vocabularies/moral lessons, quiet play time.				
1:45-2 pm	Option B students get ready to go home; water & washroom break.				
TRIMESTER 1 ACTIVITIES SCHEDULE (Sept 6-Dec 16)					
11:00-11:45	Music ~ Mr. Jose	Art ~ Mr. Gaspard	Music ~ Mr. Jose	Art ~ Mr. Gaspard	Music ~ Mr. Jose
11:45-12:00	Option A students get ready to leave: Water, Snack, Washroom break, while others get ready for next activity.				
12:00-12:45	Karate ~ Me. Johng	P.E. ~ Me. Johng	Karate ~ Me. Johng	P.E ~ Me. Johng	Karate ~ Me. Johng
TRIMESTER 2 ACTIVITIES SCHEDULE (Jan 9- April 7)					
11:00-11:45	Karate ~ Me. Johng	P.E. ~ Me. Johng	Karate ~ Me. Johng	P.E ~ Me. Johng	Karate ~ Me. Johng
11:45-12:00	Option A students get ready to leave: Water, Snack, Washroom break, while others get ready for next activity.				
12:00-12:45	Dance ~ Ms. Patricia	Swim ~ Mr. Ismael	Dance ~ Ms. Patricia	Swim ~ Mr. Ismael	Dance ~ Ms. Patricia
TRIMESTER 3 ACTIVITIES SCHEDULE (April 17-Jun 20)					
11:00-11:45	Dance ~ Ms. Patricia	Swim ~ Mr. Ismael	Dance ~ Ms. Patricia	Swim ~ Mr. Ismael	Dance ~ Ms. Patricia
11:45-12:00	Option A students get ready to leave: Water, Snack, Washroom break, while others get ready for next activity.				
12:00-12:45	Music ~ Mr. Jose	Art ~ Mr. Gaspard	Music ~ Mr. Jose	Art ~ Mr. Gaspard	Music ~ Mr. Jose



STUDENT BAG CHECKLIST	
<input type="checkbox"/>	1 extra set of clothes and underwear
<input type="checkbox"/>	FLA activities clothes for after 11 am.
<input type="checkbox"/>	1 packet of tissue
<input type="checkbox"/>	Healthy lunch and snack or
<input type="checkbox"/>	FLA lunch and snack
<input type="checkbox"/>	1 Litre of water in a plastic bottle
<input type="checkbox"/>	Mosquito repellent
<input type="checkbox"/>	Sterimar or any nasal spray with anti-histamine syrup (If allergies exist) during allergy seasons
<input type="checkbox"/>	Hand sanitizer bottle
<input type="checkbox"/>	Wet wipes
<input type="checkbox"/>	Hat/Cap
<input type="checkbox"/>	Waterproof sunblock lotion for swim days
<input type="checkbox"/>	Asthma sufferers - emergency kit labelled and kept in the infirmary
<input type="checkbox"/>	Student journal should be read & signed daily. (Please note to also read Class Dojo daily)

IMPORTANT NOTE: STUDENTS MUST BRING APPROPRIATE FLA UNIFORMS IN ORDER TO PARTICIPATE IN ACTIVITIES.